

# HHP Care Model and Disease Management Webinar Series

## Meth and Your Patient

Thursday, September 30, 2021  
12:00pm – 1:00pm

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# Moderator

**Gerard Livaudais, MD, MPH**

*Executive Vice President*

Population Health and Provider Networks  
Hawai'i Pacific Health

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- Specific areas may not pertain directly to your clinical practice area and/or may not be applicable to your practice based on your existing workflows, infrastructure, software (e.g. EHR), and communications processes.

# Webinar Information

- You have been automatically muted. You cannot unmute yourself.
- You will be able to submit questions via the Q&A section.
  - Due to time constraints, any unanswered questions will be addressed this week and posted on the HHP website
- A recording of the meeting will be available tomorrow on the HHP website and intranet.

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# Meth and Your Patient

## September 30, 2021

**Mark Baker, M.D., FACEP, FAMIA**  
Pali Momi Medical Center  
Hawaii Pacific Health

**Dan Galanis, PhD**  
Epidemiologist, EMS & Injury  
Prevention System Branch, Hawai'i  
Department of Health

**Richard Witt**  
Drug Intelligence Officer, Hawai'i  
High Intensity Drug Trafficking Areas  
(HIDTA)





# Disclosure: Visual Lecture



<https://titlestream.com/new-property-disclosure-form/>

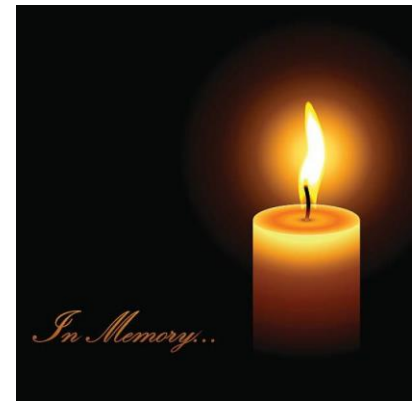
# Introduction:



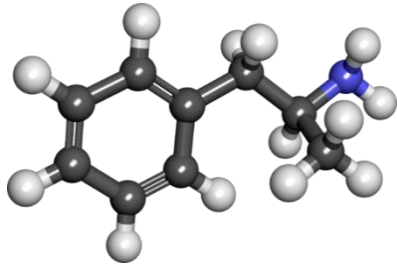
- ED Doc at Pali Momi Medical Center since 1989
- May have treated more patients in the ED than...

# Why does this matter?

**A patient named Charles. He died at age 42 from methamphetamine related heart disease. Many more followed.**



# Three goals for this lecture:



Describe methamphetamine and who is using it.



Describe the morbidity from using meth. And mortality...



Share resources for clinicians and patients

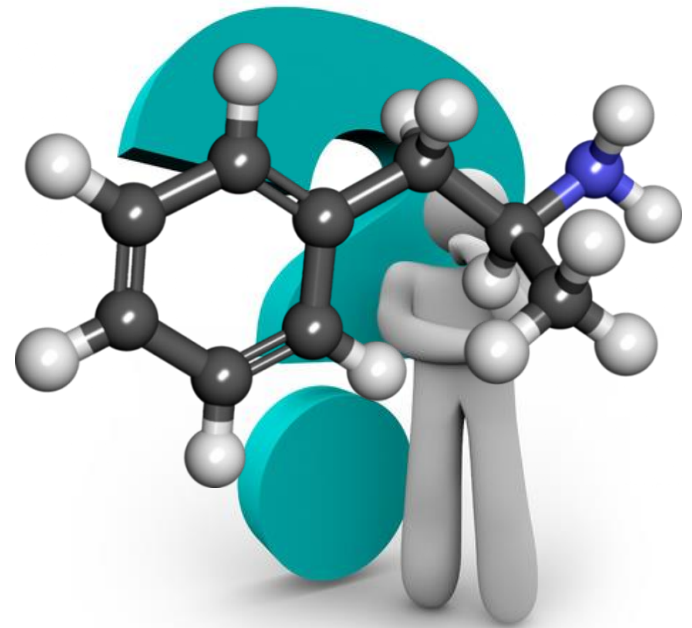
# Get help

## Quiz: multiple choice

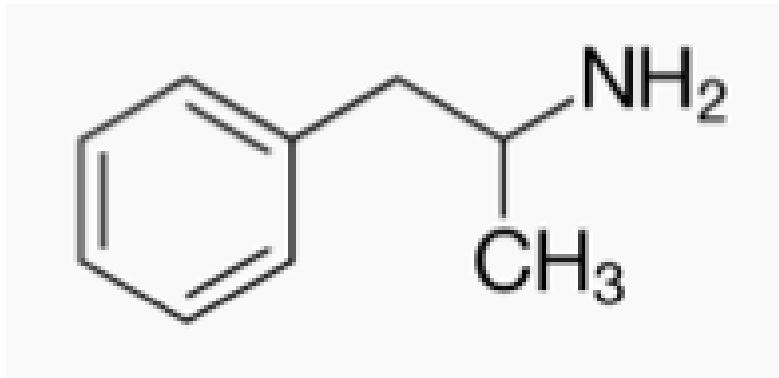
How is methamphetamine different than amphetamine?

- A: there is a 'meth'
- B: similar effects, very different drug
- C: meth is the L-isomer
- D: meth can not be prescribed

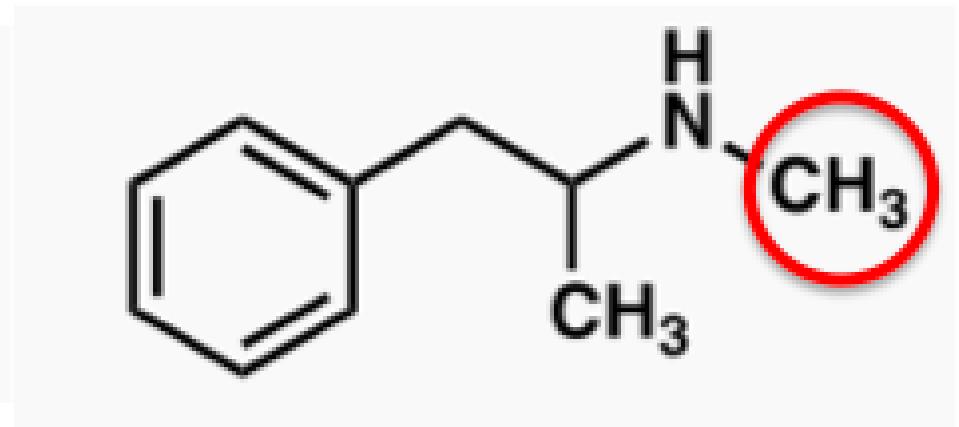
The answers are: A and D



# Amphetamine = Adderall

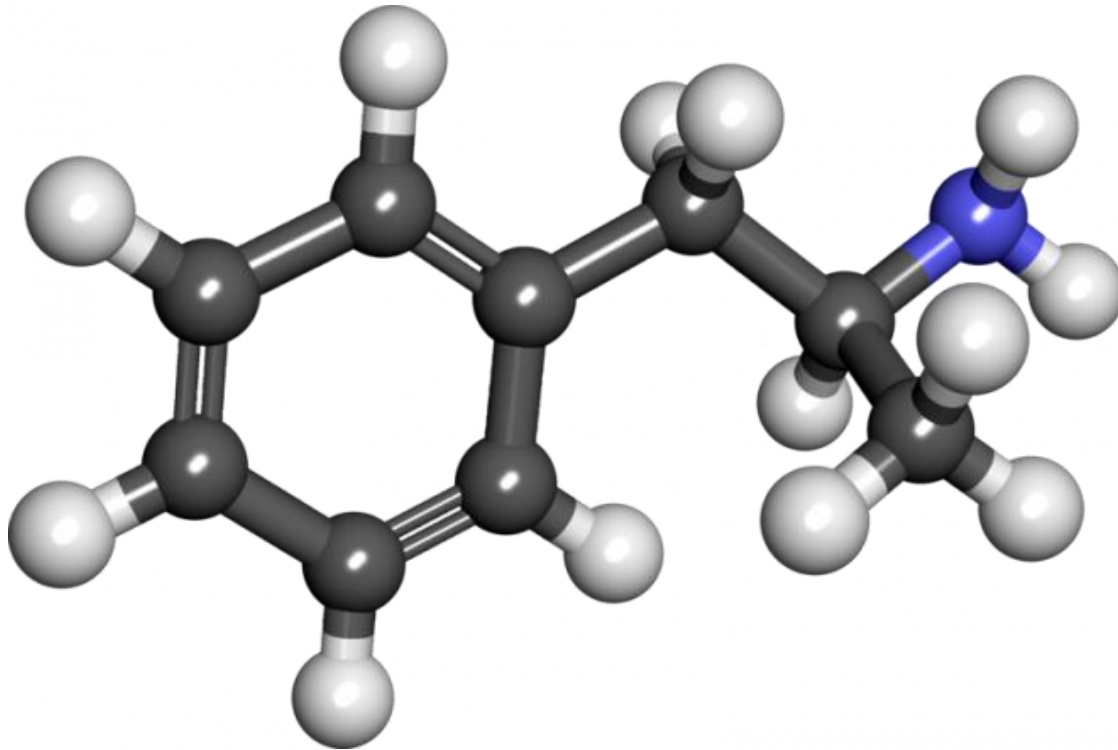


**Adderall  
(Amphetamine)**



**Methamphetamine  
(Crystal meth)**

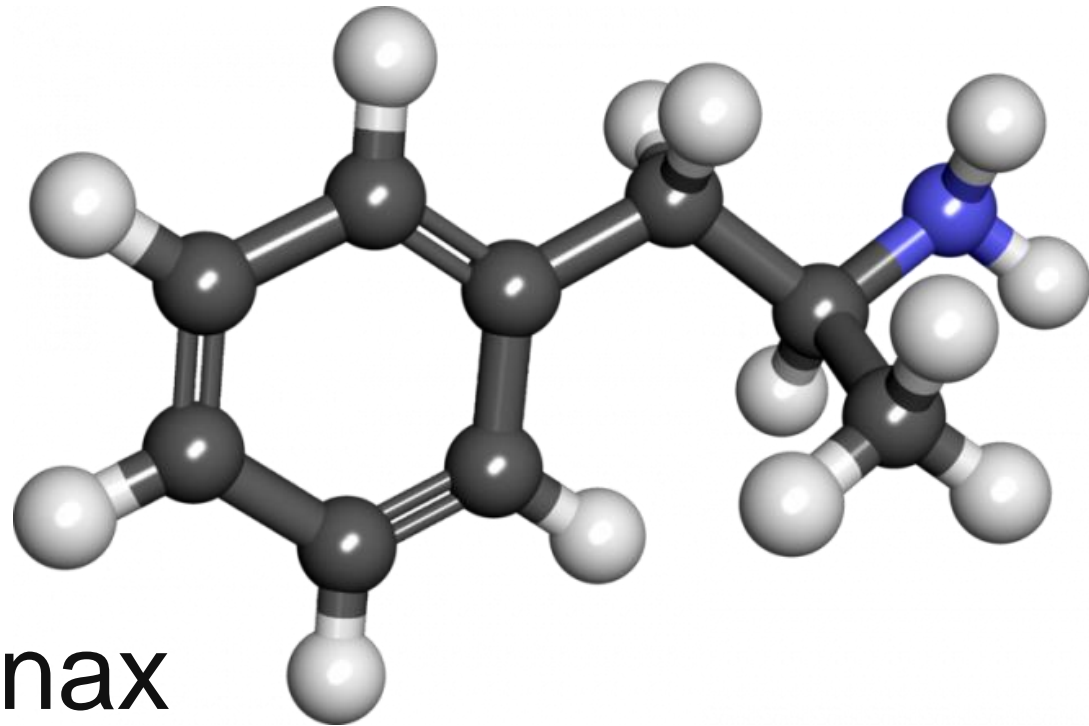
# What do people call it?



[https://www.google.com/url?sa=i&source=images&cd=&ved=2ahUKEwiM2Mmg4b\\_IAhWFv54KHXB3CDoQjRx6BAgBEAQ&url=https%3A%2F%2Fmethamphetaminepp.weebly.com%2F&psig=AOvVaw3T0SMfQgq6qfVslQz5ZNBj&ust=1572379753008173](https://www.google.com/url?sa=i&source=images&cd=&ved=2ahUKEwiM2Mmg4b_IAhWFv54KHXB3CDoQjRx6BAgBEAQ&url=https%3A%2F%2Fmethamphetaminepp.weebly.com%2F&psig=AOvVaw3T0SMfQgq6qfVslQz5ZNBj&ust=1572379753008173)

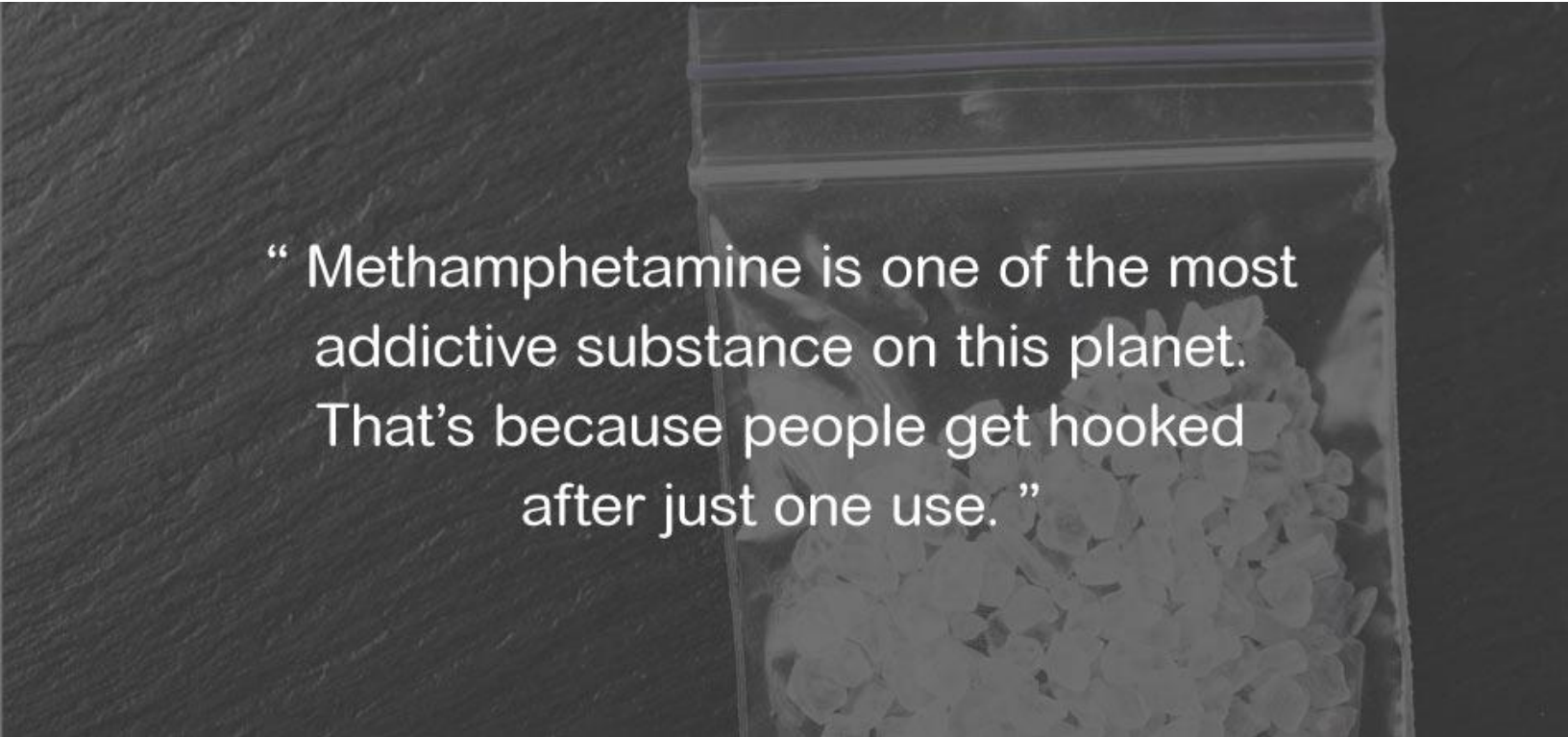


- Meth
- Ice
- Speed
- Crank
- Chalk
- Wash
- Dunk
- Scooby snax
- Trash
- Pookie
- Rocket fuel
- Gak



[https://www.google.com/url?sa=i&source=images&cd=&ved=2ahUKEwiM2Mmg4b\\_IAhWFv54KHXB3CDoQjRx6BAgBEAQ&url=https%3A%2F%2Fmethamphetaminepp.weebly.com%2F&psig=AOvVaw3T0SMfQgq6qfVslQz5ZNBj&ust=1572379753008173](https://www.google.com/url?sa=i&source=images&cd=&ved=2ahUKEwiM2Mmg4b_IAhWFv54KHXB3CDoQjRx6BAgBEAQ&url=https%3A%2F%2Fmethamphetaminepp.weebly.com%2F&psig=AOvVaw3T0SMfQgq6qfVslQz5ZNBj&ust=1572379753008173)

# How addictive is it?



“Methamphetamine is one of the most addictive substances on this planet. That’s because people get hooked after just one use.”

<https://www.simplepathrecovery.com/glossary/crystal-meth/>



### Crystal Meth Q&A with Former Meth User

236,882 views • Apr 26, 2020

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# How addictive is it?



The  
Department  
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PATTERNS OF USE AND HARMS ASSOCIATED WITH SPECIFIC POPULATIONS OF METHAMPHETAMINE USERS IN AUSTRALIA - EXPLORATORY RESEARCH

## 6. Specific types of methamphetamine users and behavioural contexts

Page last updated: February 2008

[6.1 Overview of behavioural contexts and target audiences](#)

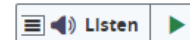
[6.2 Social use](#)

[6.3 Functional users](#)

[6.4 Dependent users](#)

### 6.1 Overview of behavioural contexts and target audiences

When attempting to categorise users, the research found that discriminating factors relate more to behaviour and motivation for use rather than purely



#### TABLE OF CONTENTS

Notes on the research

List of tables and figures

1. Executive summary

2. Background to the research

3. Research objectives

4. Methodology

5. Understanding the broad context of methamphetamine use

6. Specific types of methamphetamine

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# Users:

Social

Functional

Dependent

-Dead



# Social Users:



Ice Dabblers use ice opportunistically. That is, while ice is neither their drug of choice nor a drug they proactively seek, they will use it on occasions when it is offered by others.

<https://www.abc.net.au/news/health/2017-02-20/ice-what-happens-to-your-body-when-you-use-the-drug/8275654>

# Social Users:



"I would use it if someone offered it to me but I would never buy it."

<https://www.smh.com.au/national/inside-the-dark-web-drug-market-20191023-p533e2.html>



# Functional Users:

Drivers

Shift workers

Even newscasters

No immunity from drug addiction



<https://www.smh.com.au/national/inside-the-dark-web-drug-market-20191023-p533e2.html>



# Dependent Users:



# KTLA anchor Chris Burrous died of methamphetamine overdose, coroner says



<https://www.dailynews.com/2019/02/22/ktla-anchor-chris-burrous-died-of-methamphetamine-overdose-during-a-sexual-encounter-coroner-says/>

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# My 'Personal Experience'

It used to be a few patients



# My 'Personal Experience'

Now there are too many to count



# What, Where, and How?



Richard Witt  
Drug Intelligence Officer, Hawai'i  
High Intensity Drug Trafficking  
Areas (HIDTA)



## MEXICAN DRUG CARTELS' MAIN AREAS OF INFLUEN



Where is it coming from: MEXICO





**Meth comes in  
multiple forms**



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## Forms of Meth

Methamphetamine is a central nervous system stimulant with a high potential for abuse and dependence. A synthetic drug, methamphetamine is closely related chemically to amphetamine, but produces greater effects on the central nervous system. The drug's euphoric effects are similar to, but longer lasting than those of cocaine. It generally comes in three forms:



**Powder:**  
a white, odorless, and bitter-tasting

crystalline powder, readily soluble in water or alcohol.



**Crystal:**  
Users smoke chunks of a very pure form of

crystalline methamphetamine called "Ice".



**Rock:**  
Big chunks of the drug, usually found in

yellow, are usually ingested orally.





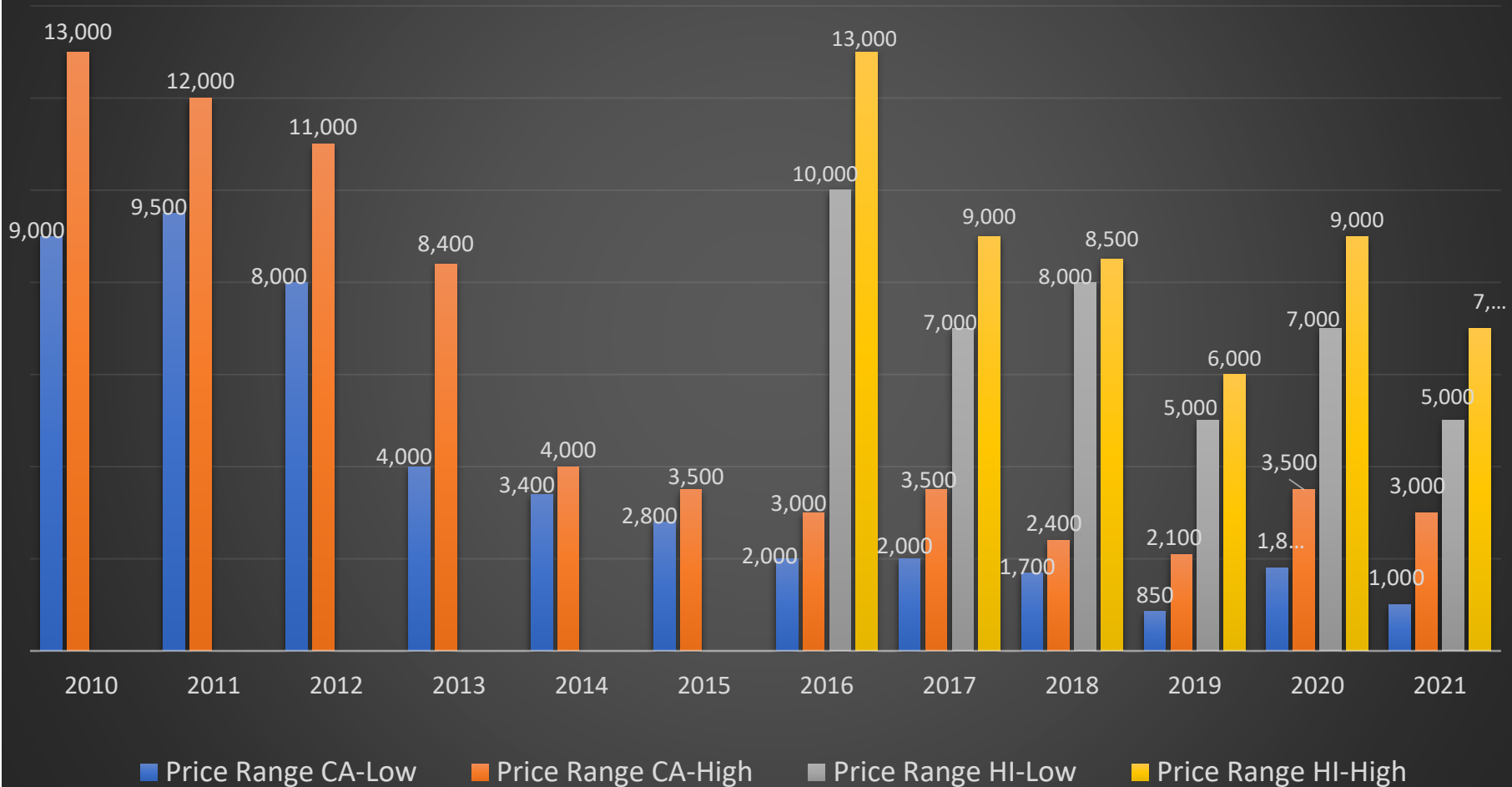
# How much do users use?

- The amount used by a normal chronic user is about .5 grams whether it is smoked or injected, maybe two times during a day or night. Users will “binge” for up to three days before needing to crash.
- Some users I have known inject at least 1.5 per day; some times in one dose or distributed throughout the day/night.
- The effects range from 8 to 10 hours, sometimes up to 14 hours.
- In the early years 80s to early 90s, before Crystal Meth, users would use higher doses of plain meth with lower 65 to maybe 78% purity levels. After the advent of crystal meth, the doses were reduced due to the purity of at least 98% and the effects last much longer now.

# How much does it cost?

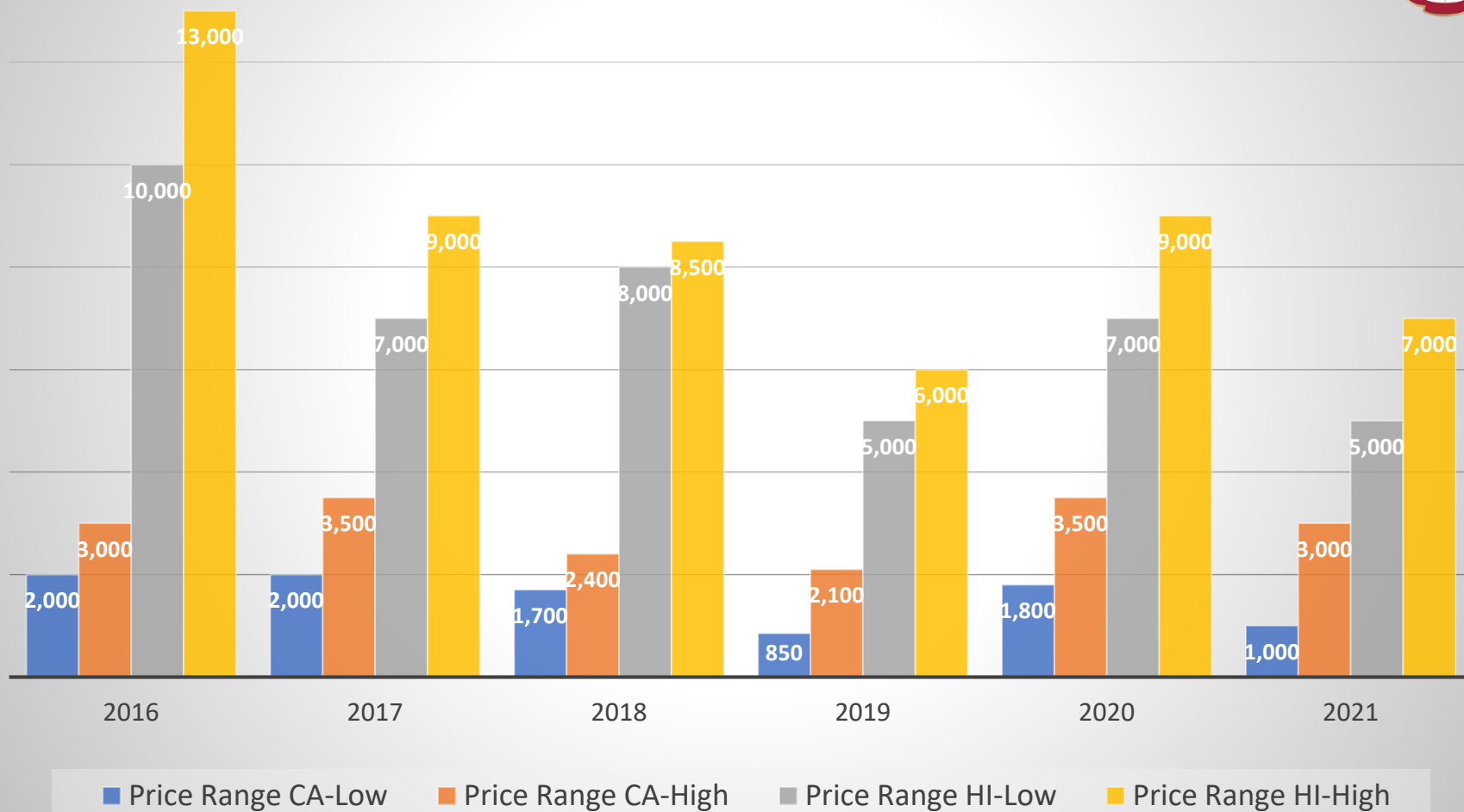


LA Meth Prices 2010 - 2020 Compared to Hawaii Prices 2016 – 2021 (YTD) Per Lb.





# Meth Price Comparison CA Wholesale Lb. VS Hawaii Retail 2016 to 2021 (ytd)



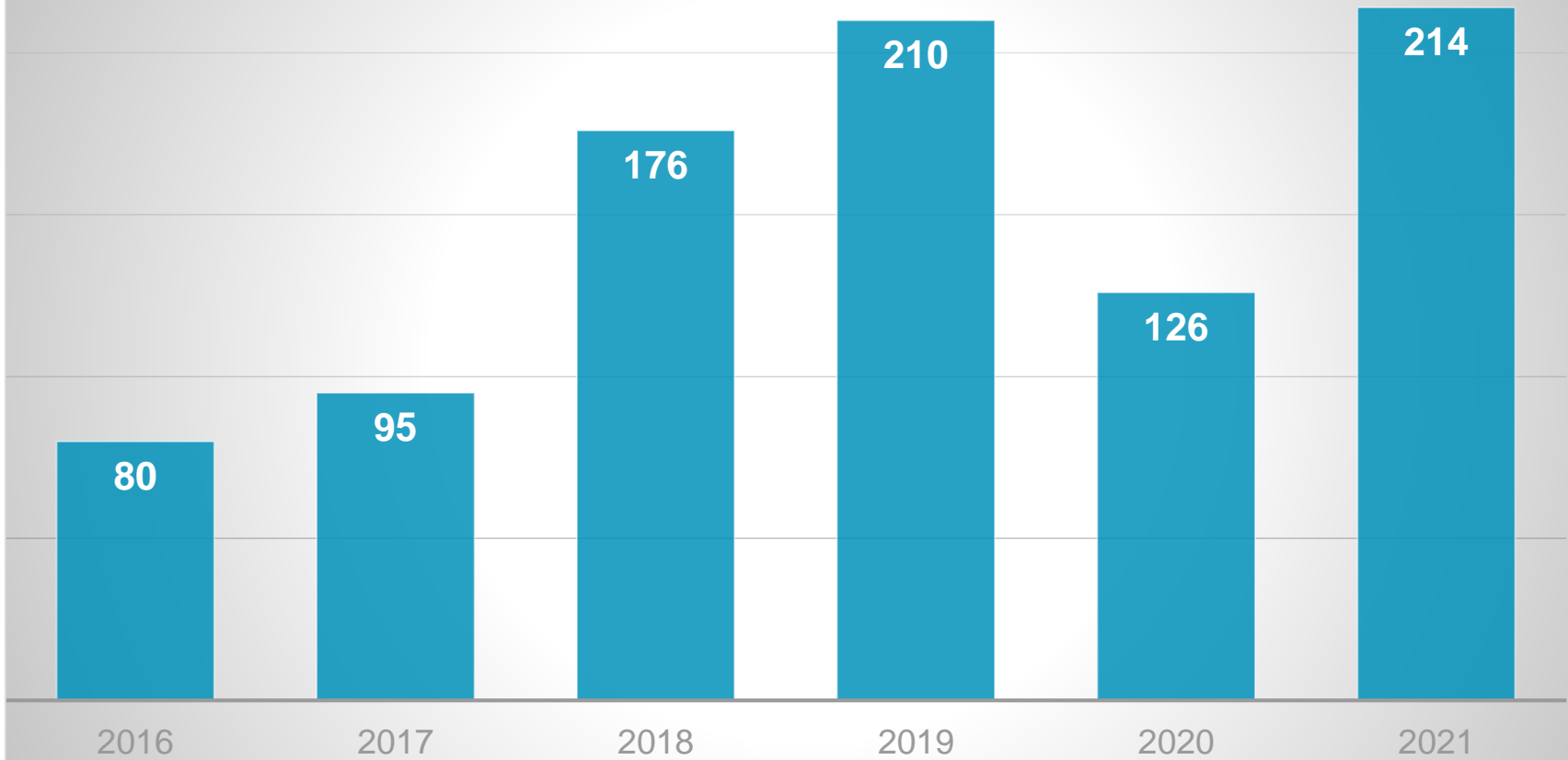


# Current Street Prices Hawaii

- .5 to .70 gr = \$20.00
- 1 to 1.2 gr = \$40.00
- 1.5 to 2 gr = \$60.00
- 3.5 gr (eight ball) \$100 to \$160
- Most Recent Prices on Oahu

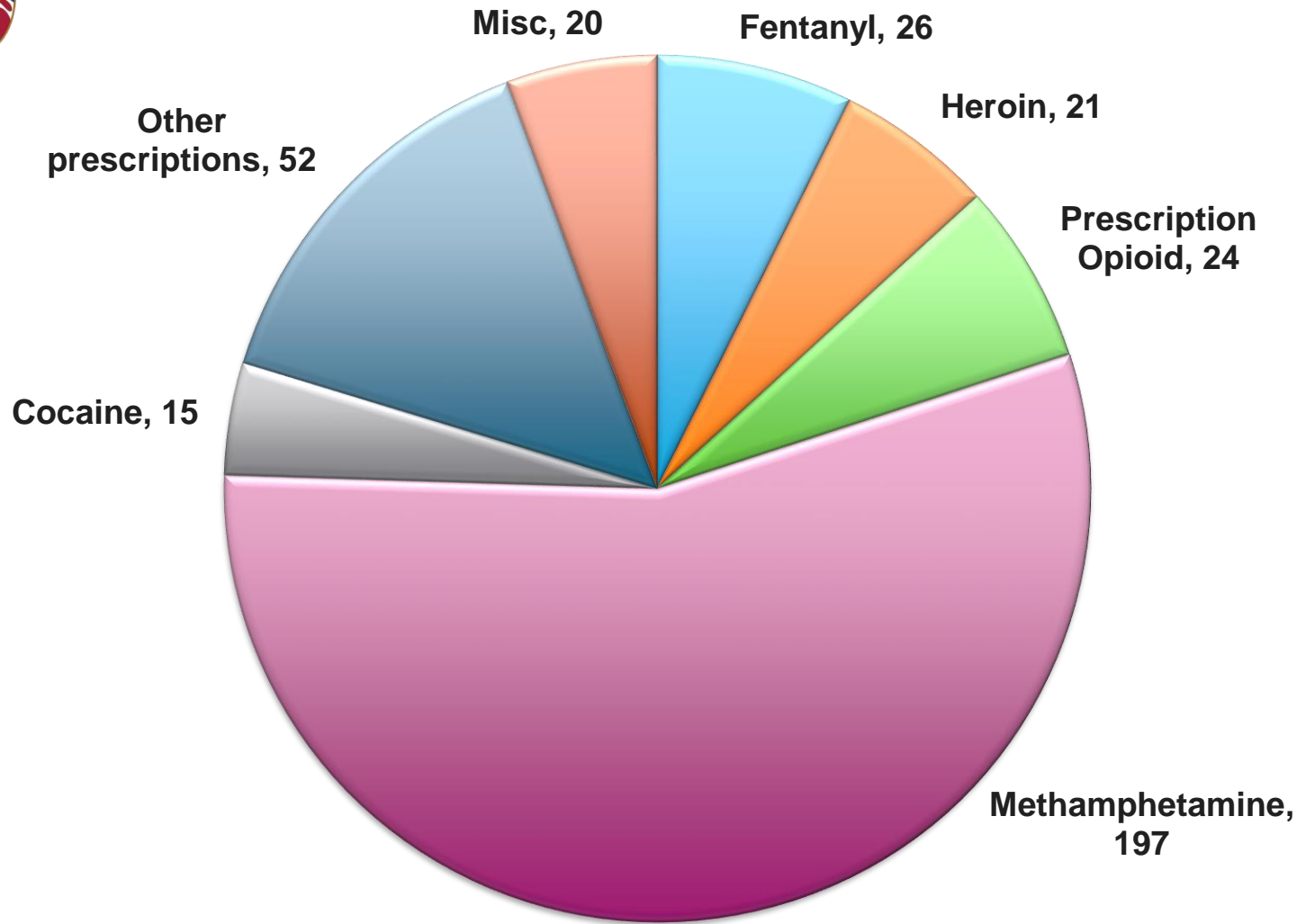


## Meth Seizures by Hawaii HIDTA (Kg)





# 2020 Drug-related Deaths by Drug Category



■ Fentanyl ■ Heroin ■ Prescription Opioid ■ Methamphetamine ■ THC ■ Cocaine ■ Other prescriptions ■ Misc

# How big is the problem in Hawaii?

Mark Baker

# How big is the problem in Hawaii?

*Los Angeles Times*

---



Use of Highly Addictive ‘Ice’ Growing in Hawaii : Drugs: This smokable form of methamphetamine that ravages the minds and bodies of users has spread rapidly because it offers an intense, prolonged high without the use of needles.



# How big is the problem in Hawaii?

“People in Hawaii are the guinea pigs for the spread of smokable crystal methamphetamine into the U.S.,” said U.S. Atty. Daniel Bent.

“What’s happening here is just a sample of what’s to come. *Los Angeles Times*

# When was this LA Times article written?

A: 1989

B: 1999

C: 2009

D: 2019



Los Angeles Times

# When was this LA Times article written?

intense, prolonged high without the use

By SUSAN ESSOYAN OCT. 16, 1989 | 12 AM

SPECIAL TO THE TIMES

HONOLULU — The drug first caught on about three years ago in Kalihi,

Los Angeles Times

# And now?

Los Angeles Times

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Column: Meth addiction is an epidemic, and it's complicating the homeless relief effort

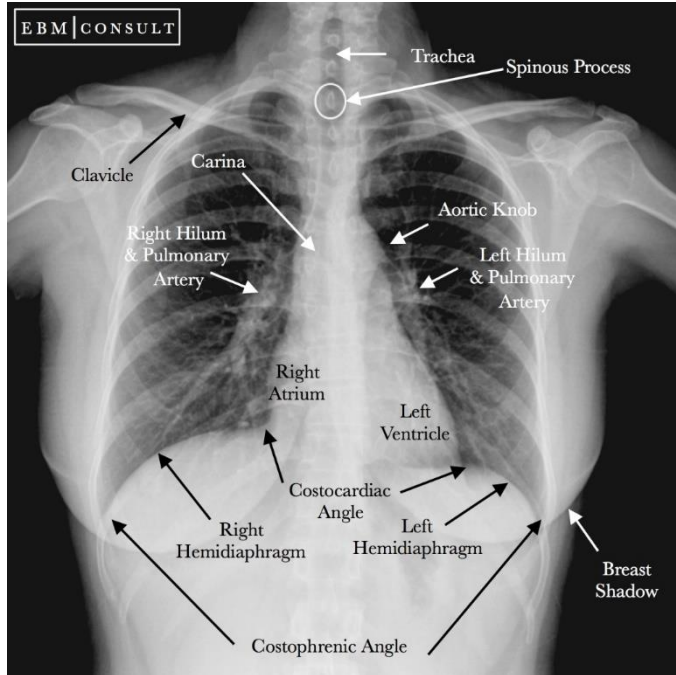
By STEVE LOPEZ | COLUMNIST    JUNE 29, 2019 | 5 AM

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# Los Angeles, 2019: Steve Lopez

Addiction and all its consequences are on full display in Los Angeles County, where the latest sprawl is measured in tents rather than houses.

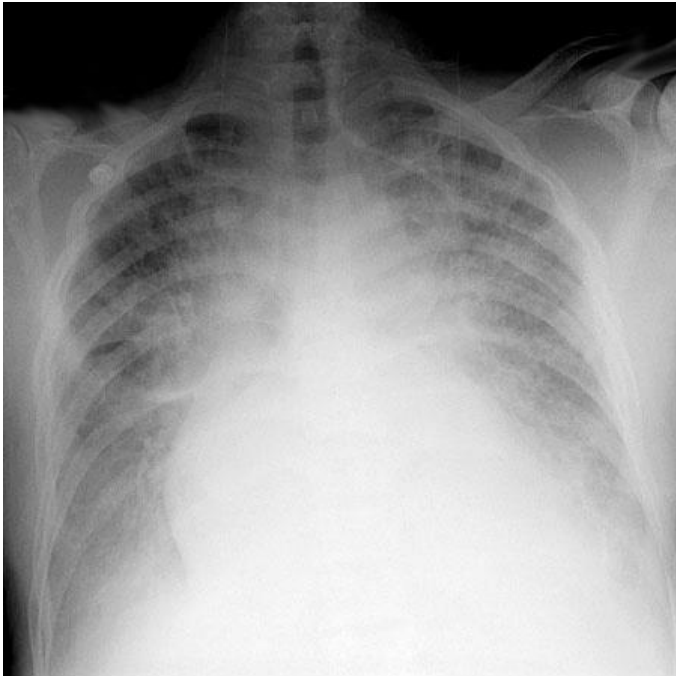
# Medical Consequences:



## Cardiac

<https://www.ebmconsult.com/articles/radiology-chest-xray-normal>

# Medical Consequences:



Cardiac:  
Congestive  
heart failure



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# Is there a new meth-related heart failure crisis on the horizon?

By AMERICAN HEART ASSOCIATION NEWS



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### Hearty Humor by Jonny Hawkins

Hearty Humor by Jonny Hawkins



"One silver bullet, please."



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Home > Circulation > Vol. 136, No. suppl\_1 > Abstract 14066: Methamphetamine Associated Heart ...

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## HEART FAILURE AND CARDIOMYOPATHIES

SESSION TITLE: HEART FAILURE TOPICS THAT GRAB YOUR ATTENTION!

### Abstract 14066: Methamphetamine Associated Heart Failure, a New Epidemic

Marin Nishimura, Janet Ma, Isac C Thomas, Sutton Fox, Avinash Toomu, Sean Mojaver, Derek Juang, and Alan Maisel

Originally published 8 Jun 2018 | Circulation. 2017;136:A14066

#### Abstract

**Introduction:** Methamphetamine is one of the most commonly abused illegal substances in the United States. Heart failure due to Methamphetamine use (MethHF) is a poorly characterized disease entity that appears to be on the rise.

Details Related References Figures

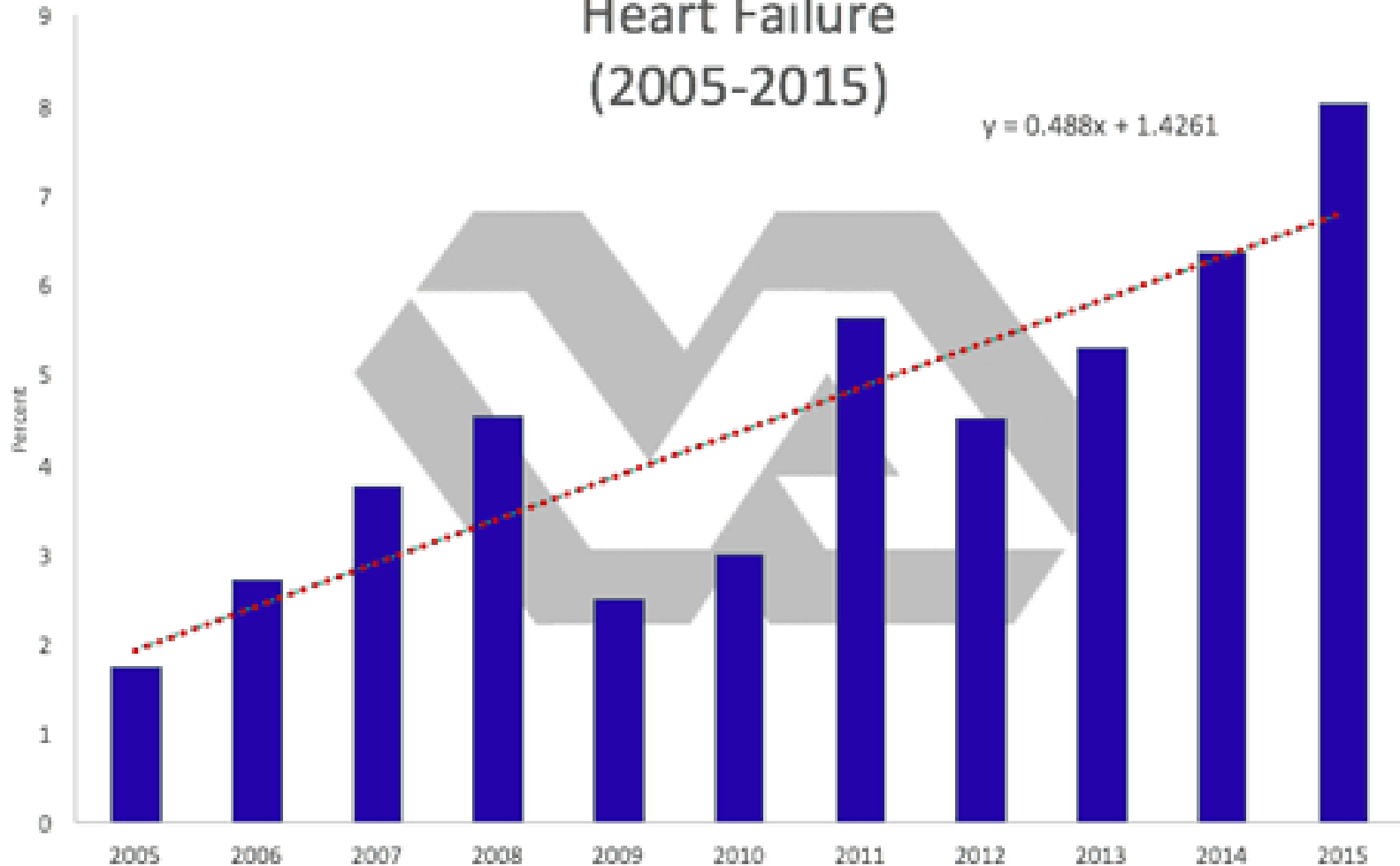
Circulation

November 14, 2017  
Vol 136, Issue  
suppl\_1

#### Article Information

© 2017 by American Heart Association, Inc.

# Methamphetamine Use Among Patients with Heart Failure (2005-2015)



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# BRILLIANT EARTH



## Deputies: Woman goes into cardiac arrest after consuming meth during traffic stop

By: Kelly Healey

Updated: Jun 11, 2019 - 8:10 AM



.com...

# Medical Consequences:

## Psychiatric

CNS drugs

Author Manuscript

HHS Public Access

### Methamphetamine Psychosis: Epidemiology and Management

Suzette Glasner-Edwards, Ph.D. and Larissa J.

Mooney, M.D.

# Medical Consequences: Psychiatric

- Confusion
- Delusions
- Intense paranoia
- Feeling self-conscious in public
- Visual and auditory hallucinations



# Medical Consequences: Psychiatric

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NEWS

## Skin Manifestations May Signal Crystal Meth Use: Think 'meth mites' when patients are picking at their skin and think they have insects crawling on them.

**Publish date:** January 15, 2006

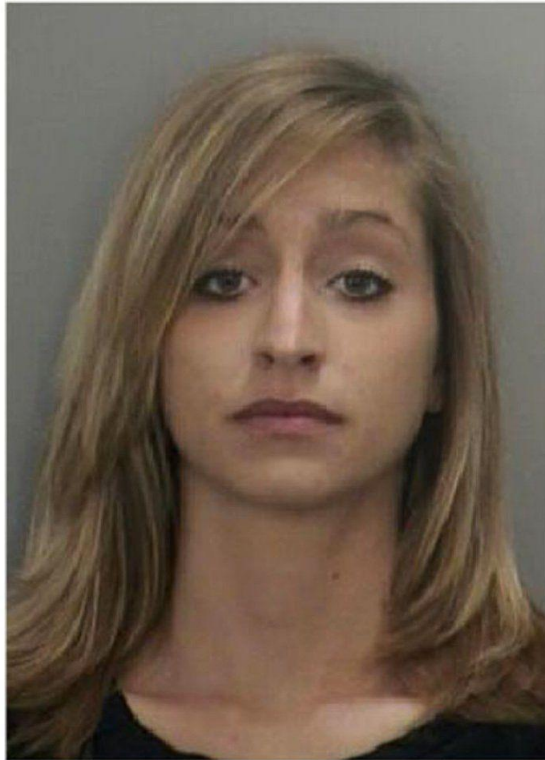
By Joyce Frieden

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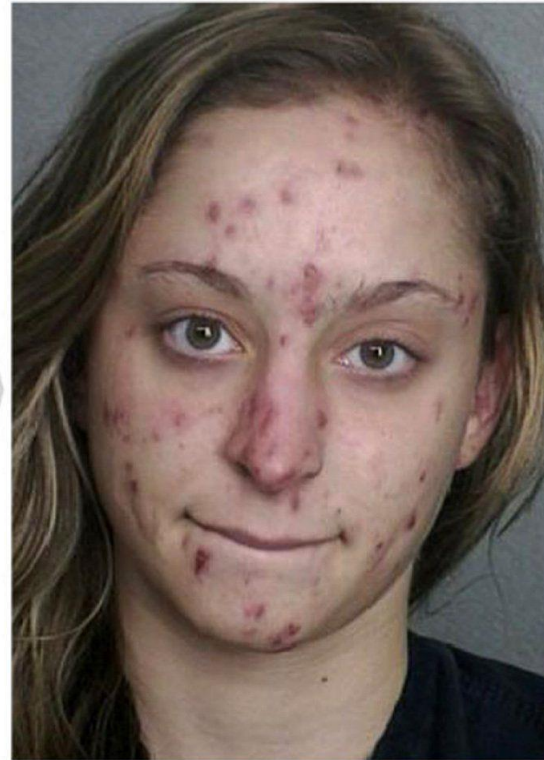
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# Medical Consequences: Skin



1 AGE: 22



2 AGE: 23

<https://metro.co.uk/2016/01/27/before-and-after-pics-of-crystal-meth-users-are-enough-to-put-you-off-for-life-5648453/>

# Medical Consequences: Teeth



<https://www.therecoveryvillage.com/meth-addiction/meth-mouth/#gref>



# Medical Consequences: Teeth



THE RECOVERY VILLAGE

Alcohol Abuse ▾

Drug Addiction ▾

Addiction Treatment ▾

Our Rehab Centers ▾

Treatment By State

Home > Met

100



## Meth Mouth: Every Dentist's Worst Nightmare

After as little as one year using the notorious street drug methamphetamine, users can develop oral hygiene symptoms commonly known as "meth mouth" — a frightening case of extensive oral damage, tooth decay and gum disease. Meth mouth is incurable and in many cases can lead to tooth extraction. Meth, short for methamphetamine, is common on the streets, but is also sometimes prescribed to treat severe cases of attention deficit hyperactivity disorder, commonly known as ADHD, and narcolepsy. Meth is the most abused synthetic drug in America, with more than 25 million addicts worldwide from its euphoric highs. Used as a recreational stimulant, it can be ingested in a number of ways — swallowed, snorted, injected and smoked — but smoking this substance is the most dangerous, providing quicker access to the brain and bloodstream. Meth has double the potency of cocaine and is extremely addictive. **Although meth mouth is the most common side effect of methamphetamine abuse, the drug carries many other side effects. Other symptoms of meth abuse and addiction include:**

<https://www.therecoveryvillage.com/meth-addiction/meth-mouth/#gref>

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# Social Consequences:



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# Is there Hawaii Data?

**Daniel Galanis, Epidemiologist,  
EMS & Injury Prevention  
System Branch, Hawai'i  
Department of Health**

# Case definitions

## (less specific than you'd think)

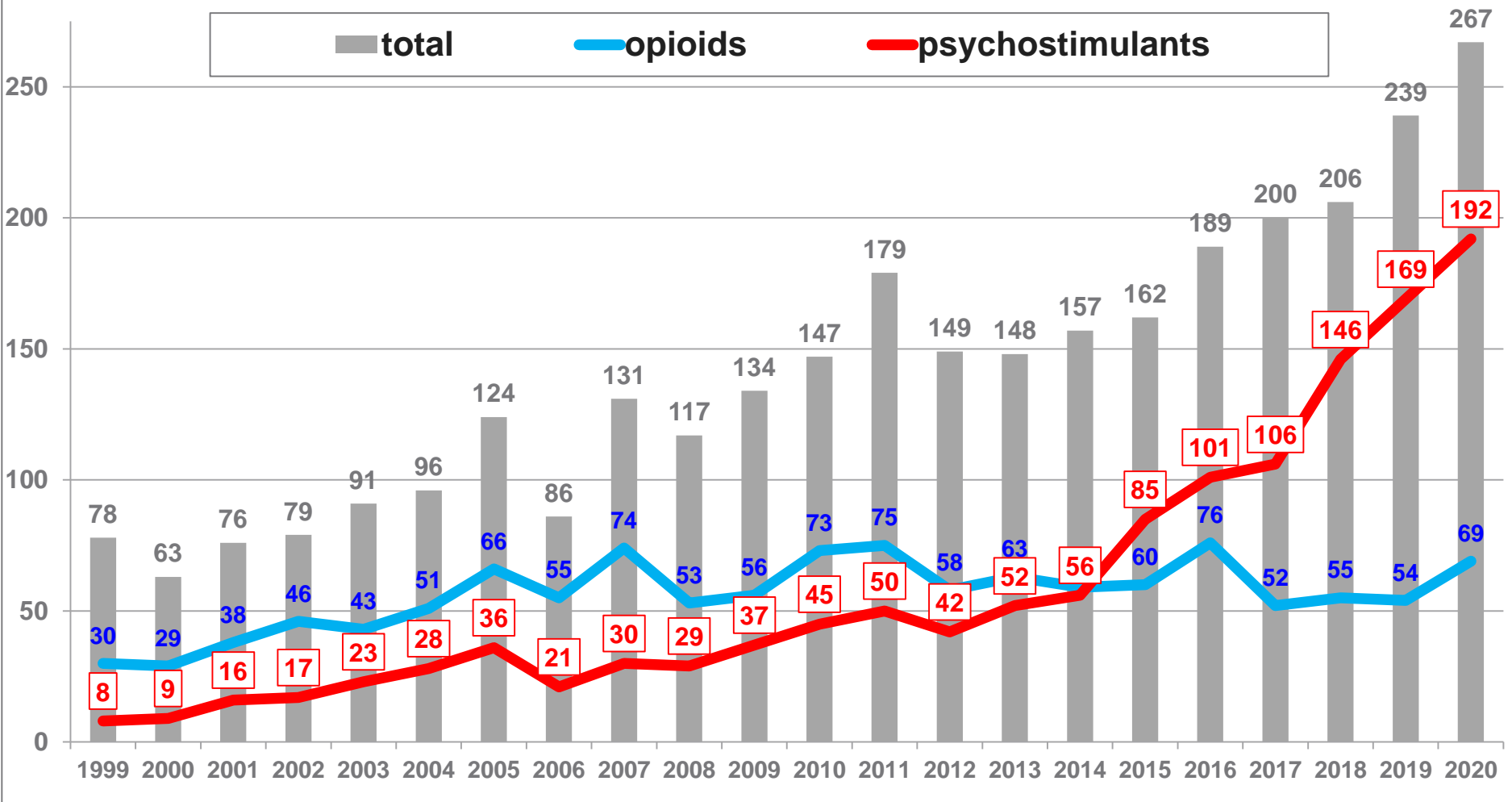
- **Data sources:**

- Death certificate database, Hawaii Department of Health (through 2020)
- CDC WONDER Multiple Cause of Death ([wonder.cdc.gov](http://wonder.cdc.gov)) (through 2019)

- **ICD 10 codes:**

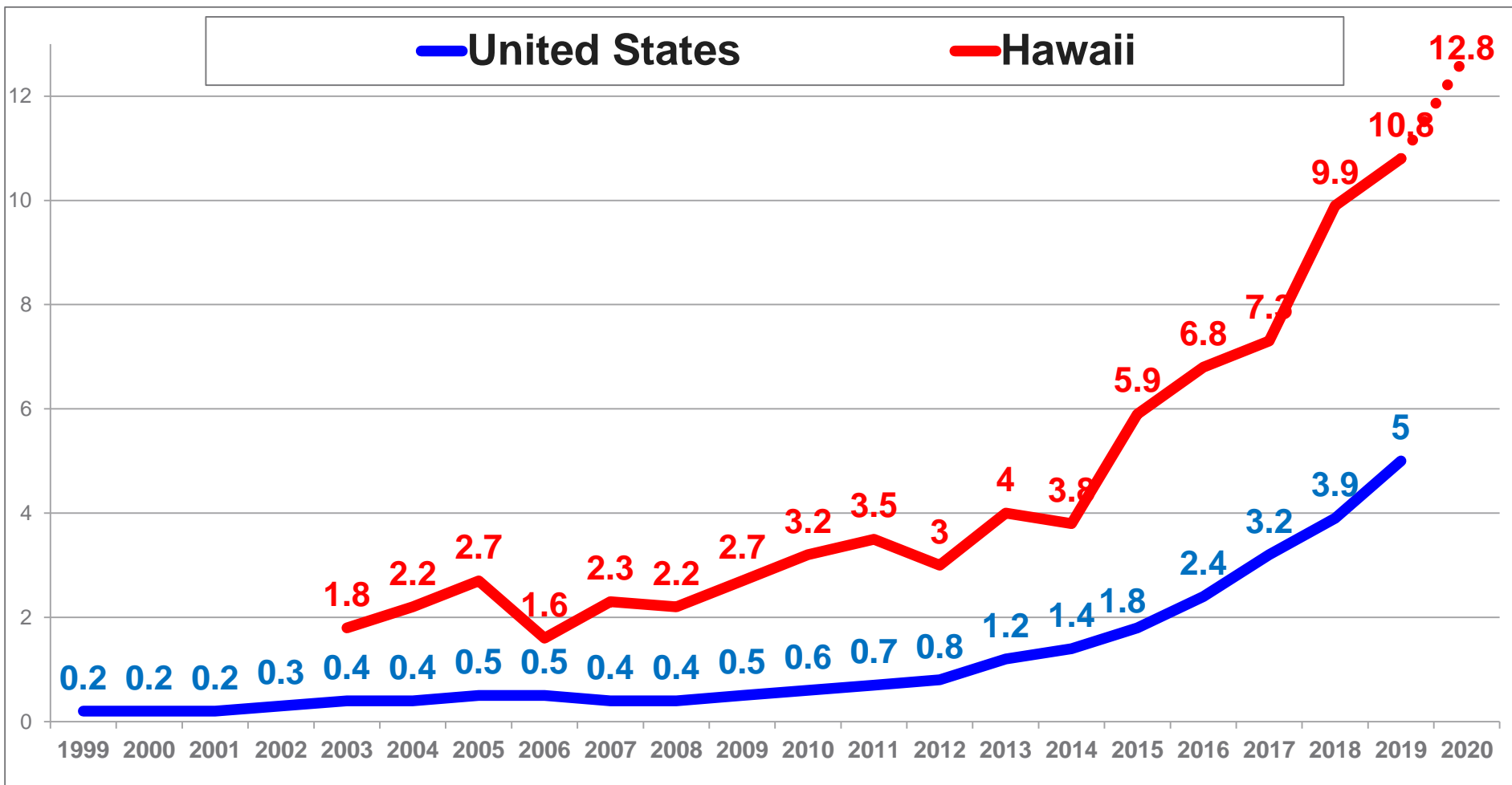
- Underlying cause of death code for drug poisoning
  - *Unintentional (X40-X44), Intentional (X85, X60-X64) and Undetermined Intent (Y10-Y14)*
  - AND...
- Contributing Cause of death code of T436.0, “poisoning by...unspecified psychostimulant”
  - *Excludes cocaine, caffeine, amphetamines, methylphenidate, ecstasy, and “other” psychostimulants*

# Annual number of fatal drug overdoses among Hawaii residents, by type of substance, 1999-2020



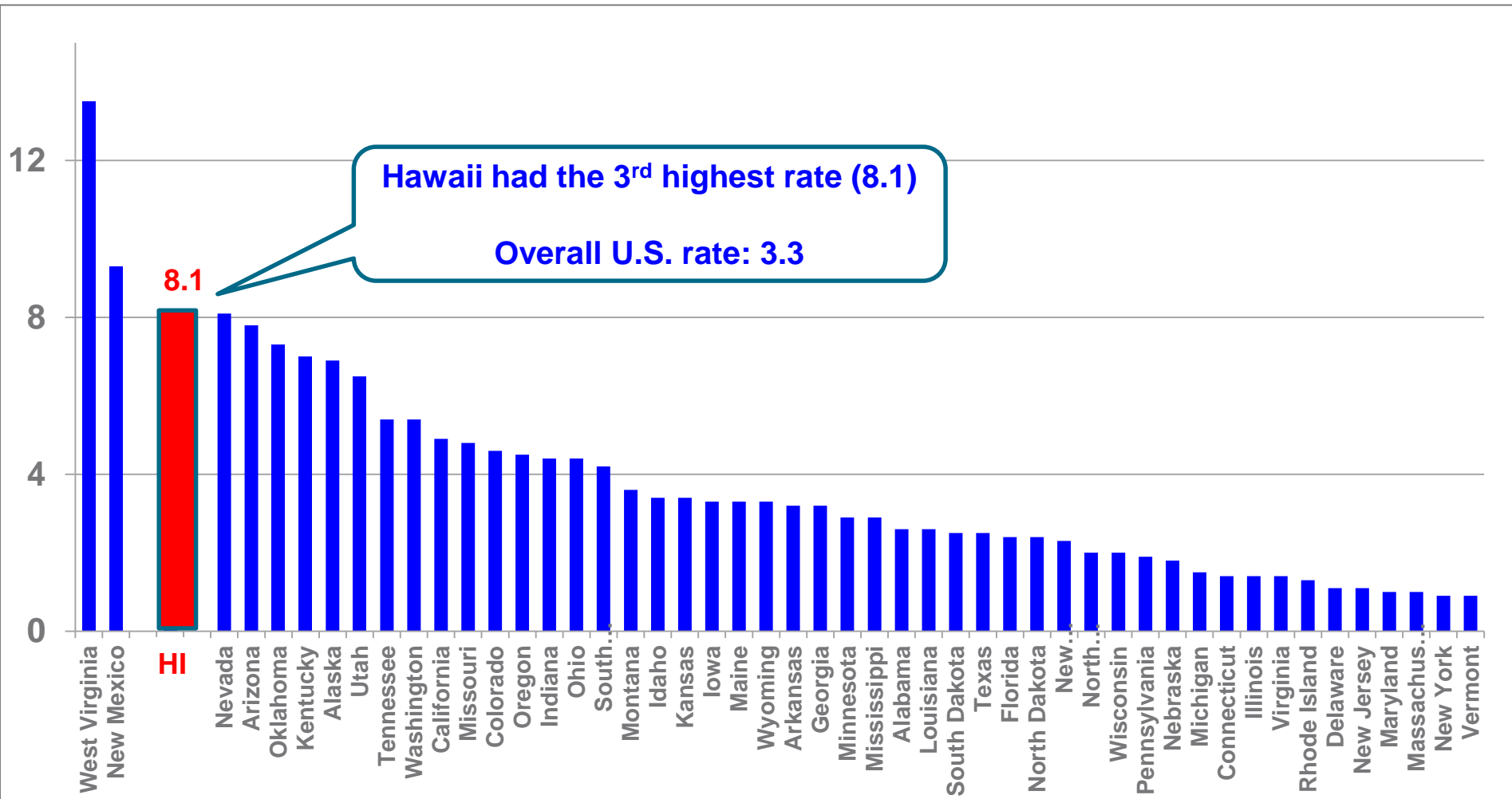
drug\_pois99\_20\_toolkit1.jmp (Toolkit methodology)

# Adjusted fatality rates for poisoning involving psychostimulants, Hawaii vs. U.S., 1999-2019 (2020)



CDC Wonder detailed mortality (<https://wonder.cdc.gov/mcd.html>). CC codes of T436

# Adjusted fatality rates for poisonings involving psychostimulants, by state, 2015-2019



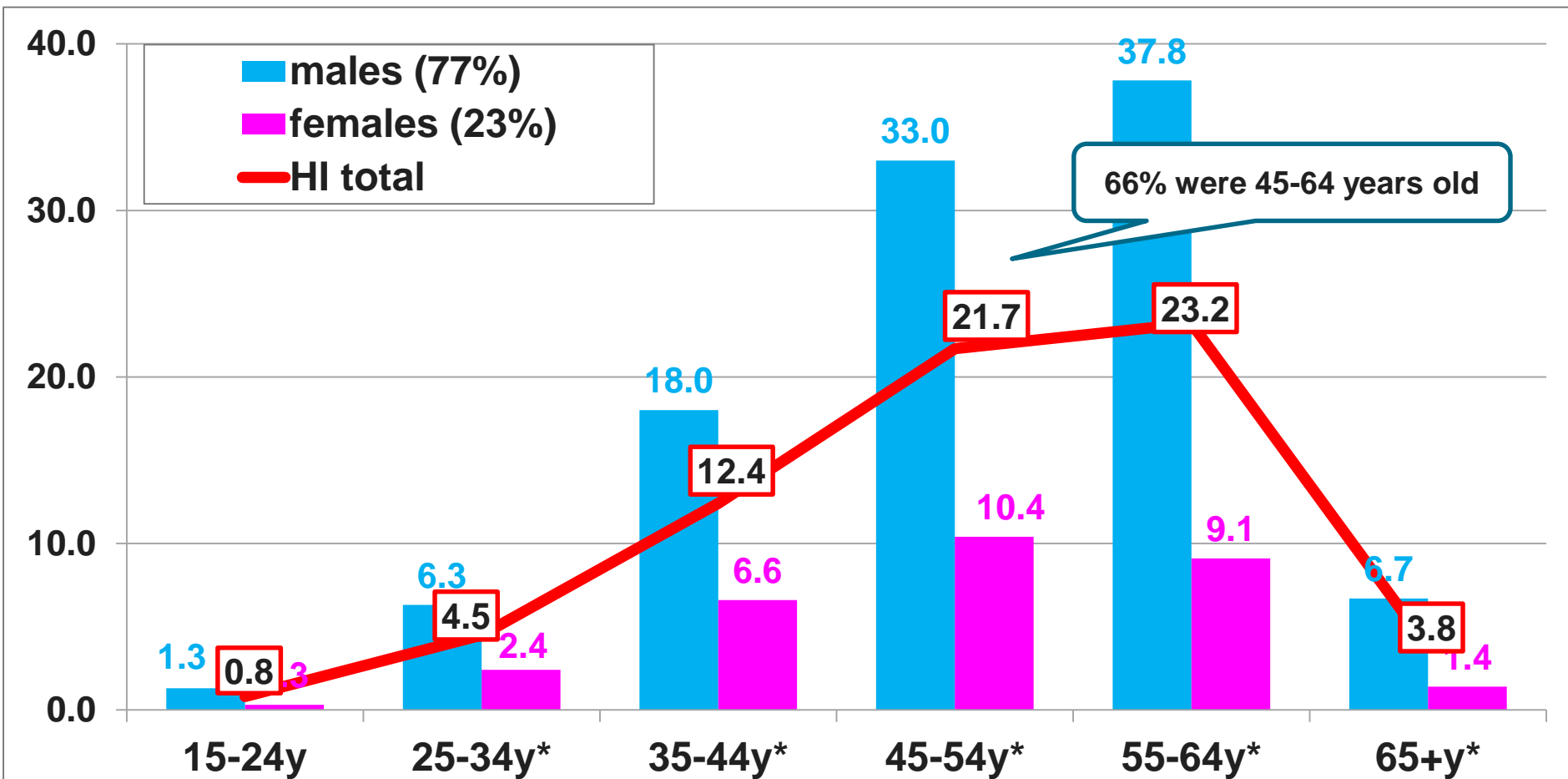
CDC Wonder detailed mortality (<https://wonder.cdc.gov/ucd-icd10.html>).



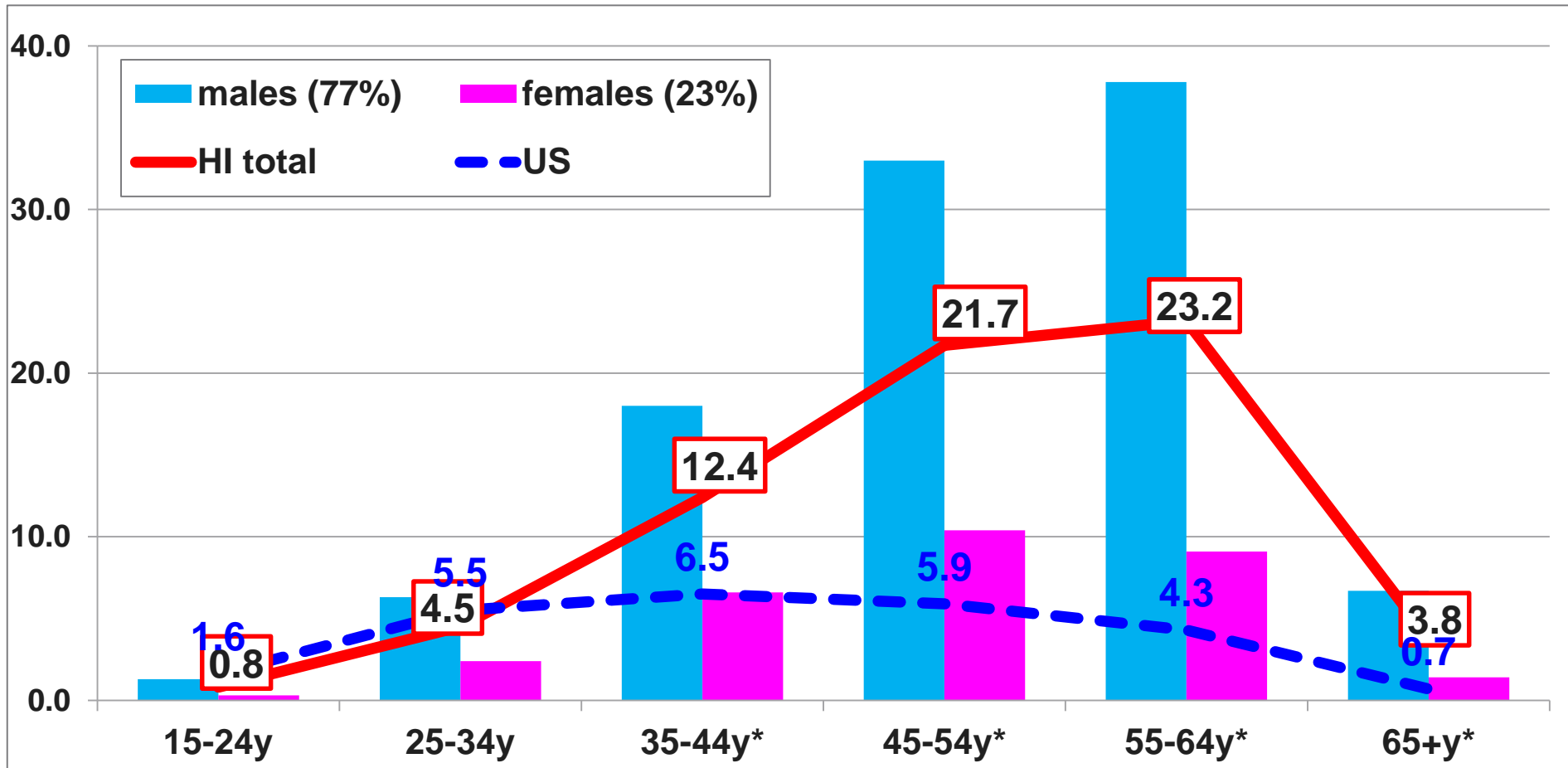
# Distribution of increases in standardized mortality rates from overdoses related to psychostimulants, by state, 2010-2014 vs. 2015-2019

Lowest (100%-150%)	Low (154%-200%)	Medium (212%-400%)	High (450%-600%)	Highest (625%-1367%)
Arkansas California Hawaii Massachusetts Nebraska Nevada Oklahoma Oregon Utah Vermont Washington	Alaska Idaho Iowa New Mexico New York Rhode Island South Dakota Texas Wyoming	Arizona Colorado Delaware Georgia Kansas Maine Maryland Michigan Minnesota Missouri Montana Wisconsin	Alabama Connecticut Florida Illinois Louisiana New Hampshire New Jersey North Carolina South Carolina Tennessee Virginia	Indiana Kentucky Mississippi Ohio Pennsylvania West Virginia

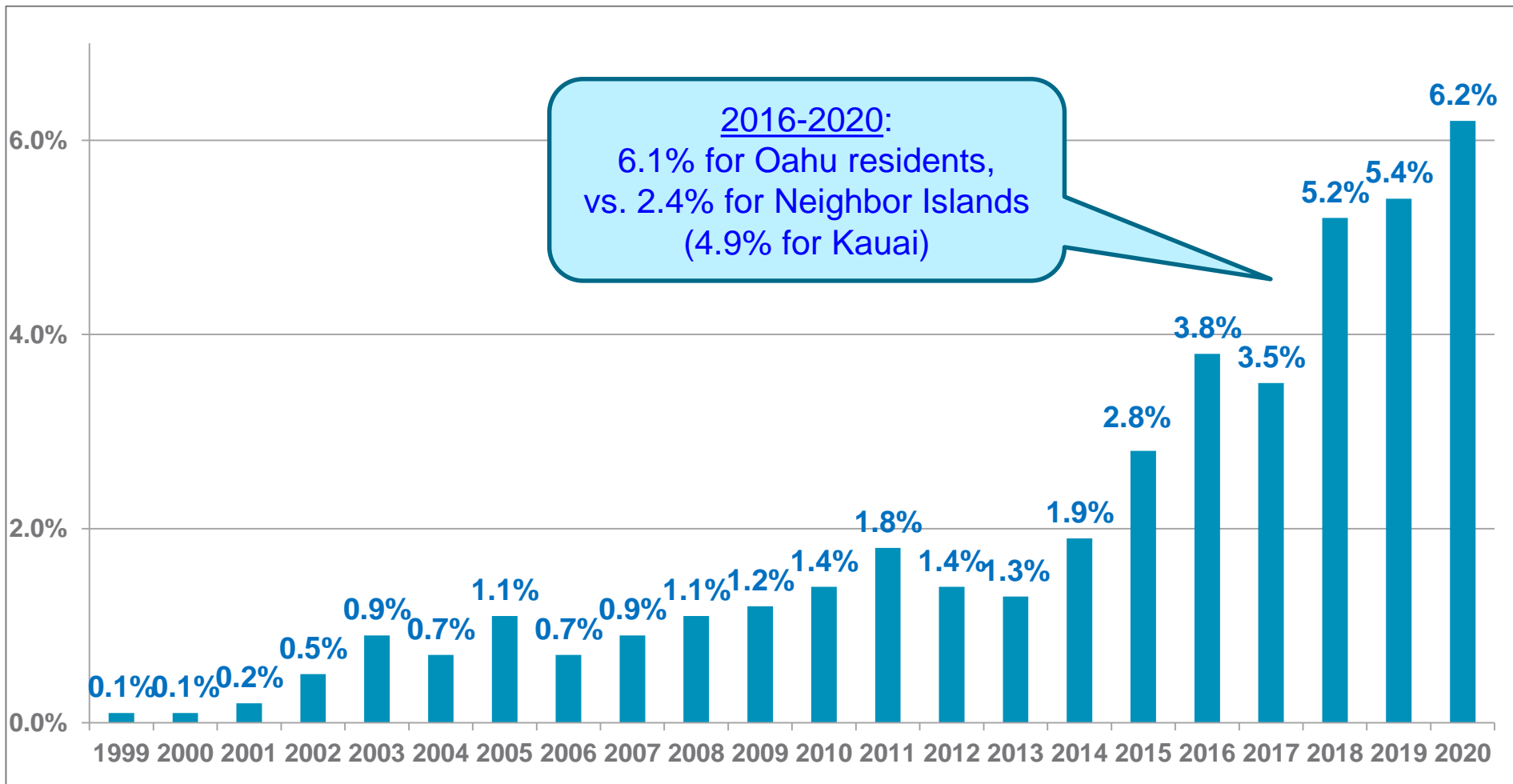
# Five-year drug poisoning fatality rates (/100,000) involving psychostimulants, among Hawaii residents, by age and gender, 2015-2019



# Five-year drug poisoning fatality rates (/100,000) involving psychostimulants, among Hawaii and US residents, by age and gender, 2015-2019

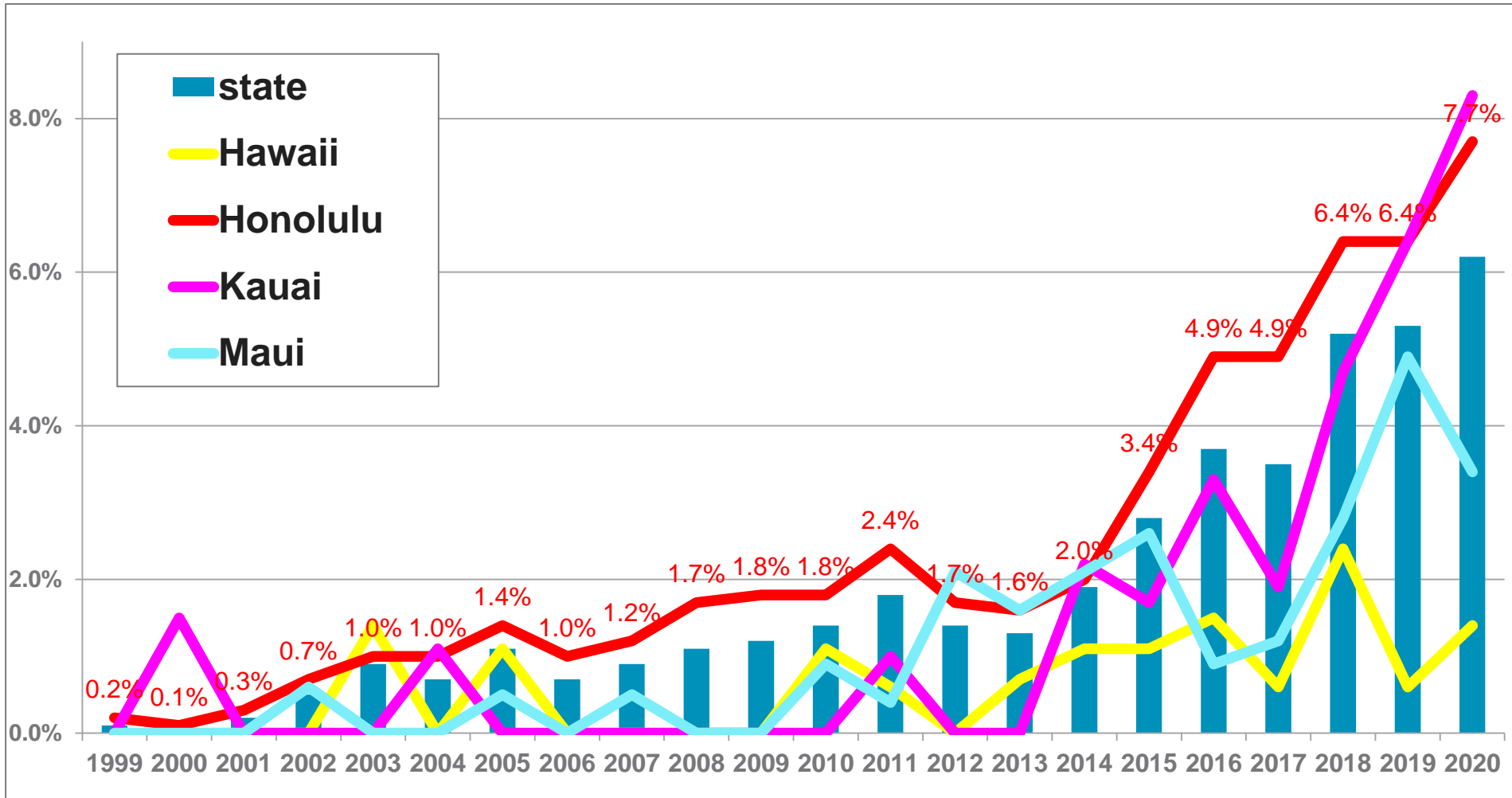


# Annual percent of Hawaii resident deaths (ages 45-64 years) from overdose related to psychostimulants, 1999-2020

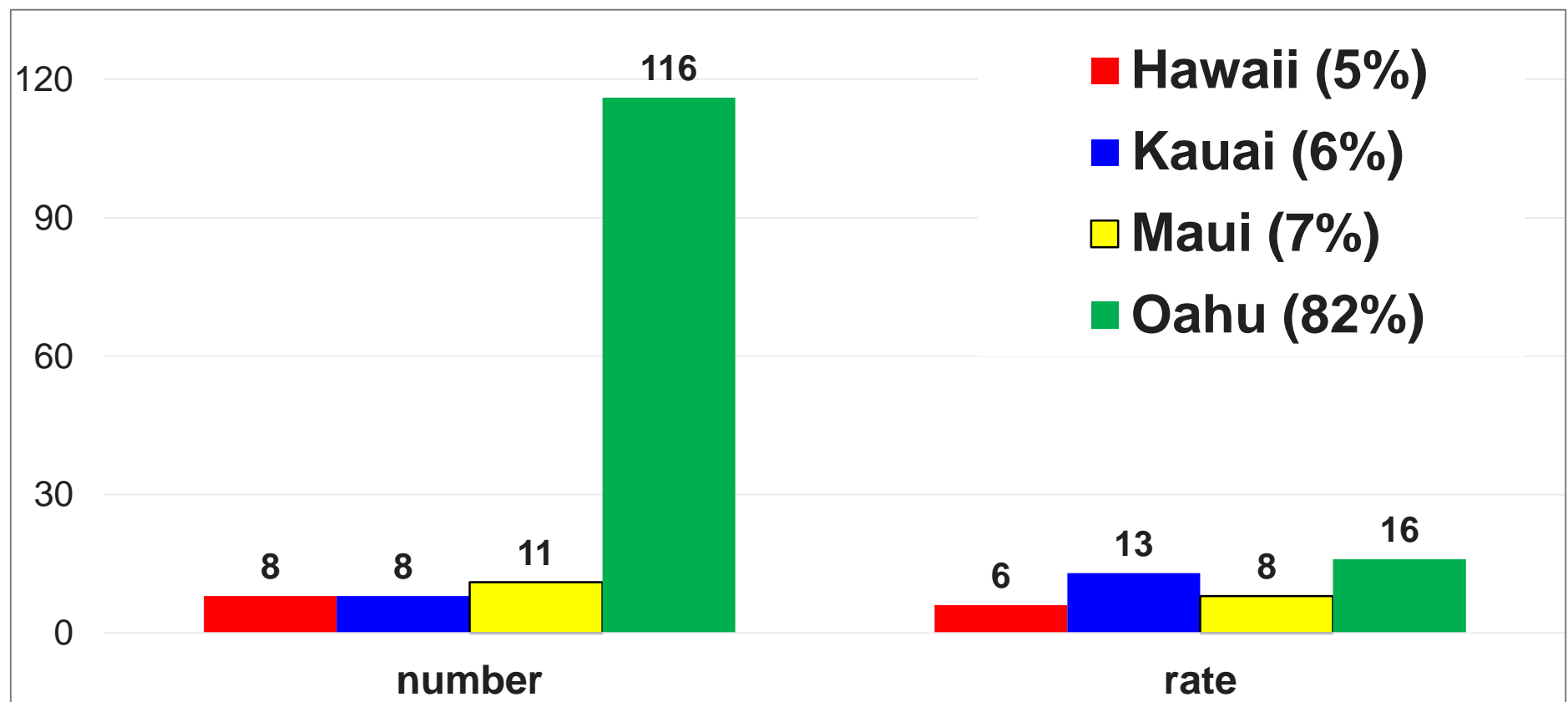


2016-2020:  
6.1% for Oahu residents,  
vs. 2.4% for Neighbor Islands  
(4.9% for Kauai)

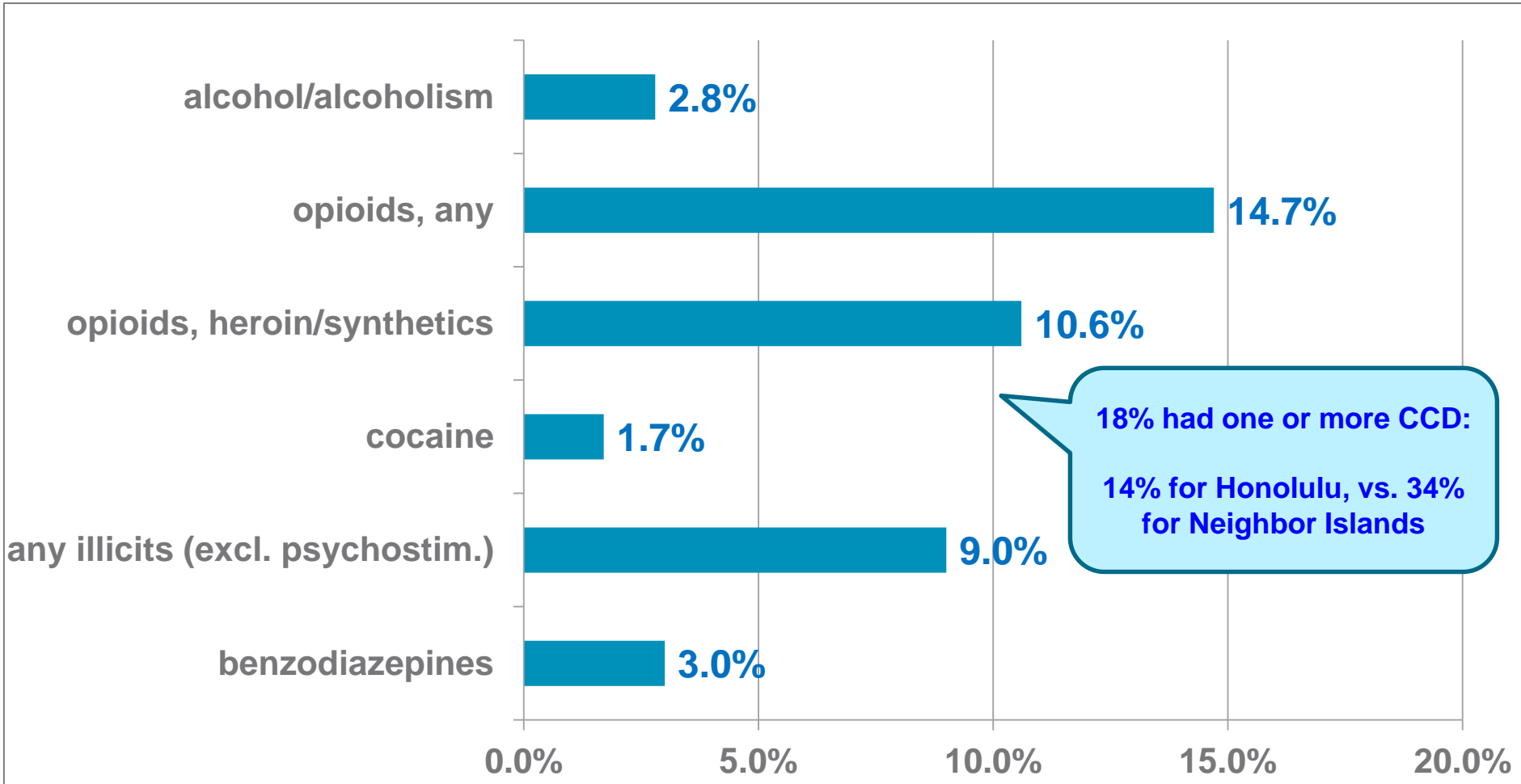
# Annual percent of Hawaii resident deaths (ages 45-64 years) from overdose related to psychostimulants, by county, 1999-2020



# Average annual number and 5-year age-adjusted rate of fatal overdoses related to psychostimulants in Hawaii, by county of residence, 2016-2020 (For residents 20 years and older)



# Other substances coded as contributing causes for overdoses related to psychostimulants in Hawaii, 2016-2020





# October 2019 report

cdc.gov/nchs/nvss/vsrr/drug-overdose-data.htm



Search


All CDC ▾



## National Center for Health Statistics

CDC > NCHS > National Vital Statistics System > Vital Statistics Rapid Release > Surveillance Activities



 Vital Statistics Rapid Release - Monthly Provisional Drug Overdose Death Counts

## Provisional Drug Overdose Death Counts

Recent improvements in timeliness and data quality over the last year have prompted a re-evaluation of the length of time that data quality requirements have had to be met for states to be included in “Figure 2. 12 Month-ending Provisional Number of Drug Overdose Deaths by Drug or Drug Class.” As a result of this re-evaluation, trends for additional states are presented in Figure 2. Additional states will be added as they meet data quality and timeliness requirements. Please see the **Technical Notes** of the dashboard for more information.

This data visualization presents provisional counts for drug overdose deaths based on a current flow of mortality data in the National Vital Statistics System. Counts for the most recent final annual data are provided for comparison. National provisional counts include

### On This Page

[Dashboard](#)

[Data Tables for Current Dashboard](#)

[Technical notes](#)

[Nature and sources of data](#)

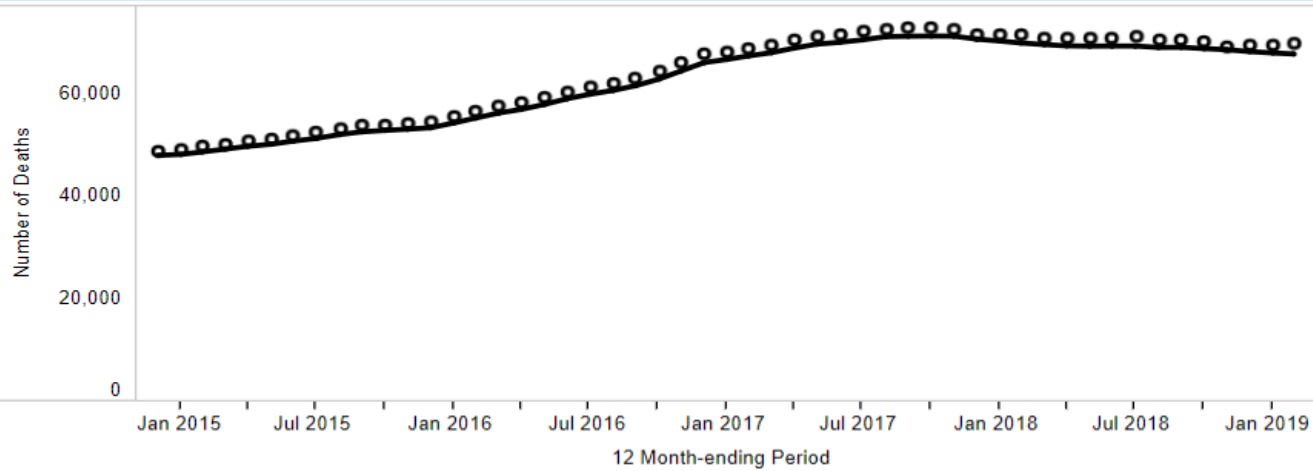
[Cause-of-death classification and definition of drug deaths](#)

[Selection of specific states and other jurisdictions to report](#)

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Figure 1a. 12 Month-ending Provisional Counts of Drug Overdose Deaths: United States

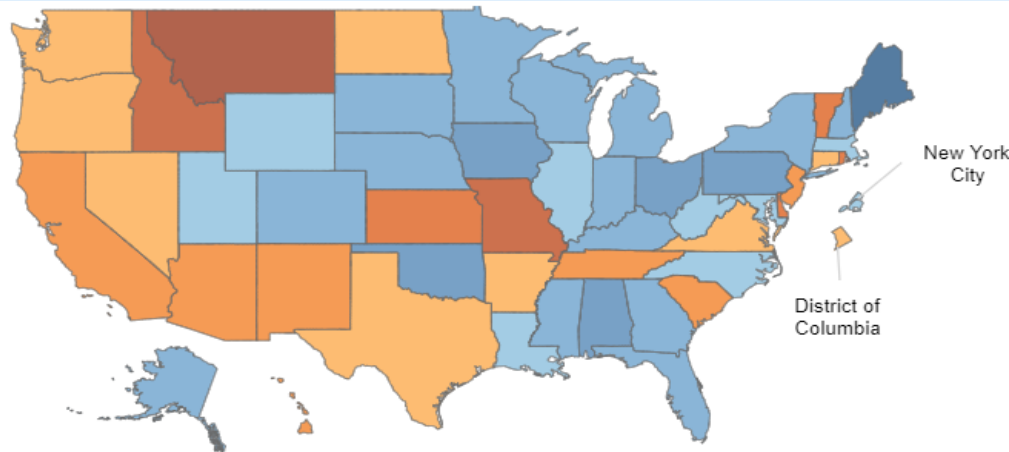


Select Jurisdiction

United States ▼

- Predicted Value
- Reported Value

Figure 1b. Percent Change in Predicted 12 Month-ending Count of Drug Overdose Deaths, by Jurisdiction: March 2018 to March 2019



Select predicted or reported number of deaths

- Predicted
- Reported

Percent Change for United States

-2.2 ▼

Legend for Percent Change in Drug Overdose Deaths Between 12-Month Ending Periods





# Meth is most common drug in overdose deaths in chunk of US

By MIKE STOBBE October 25, 2019



🔗 Click to copy

NEW YORK (AP) — Fentanyl is driving drug overdose deaths in the U.S. overall, but in nearly half of the country, it's a different story. Meth is the bigger killer, a new government report shows.

### RELATED TOPICS

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Nationwide, most deaths still involve opioid drugs like fentanyl and heroin. But in 2017, the stimulant meth was the drug most frequently involved in deaths in four regions that include 19 states west of the Mississippi.

The report released Friday by the Centers for Disease Control and Prevention is the agency's first geographic breakdown of deaths by drug. It's based on 2017 figures when there were more than 70,000 overdose deaths in the U.S., two-thirds of them involving opioids.



HEALTH NEWS

# Fentanyl kills more people in the East, meth in the West

The drugs behind deadly overdoses vary across the United States.

Oct. 25, 2019, 8:30 AM UTC

By **Erika Edwards**

The drugs driving [overdose deaths](#) vary depending on where you live in the U.S., a government report published Friday found.





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TEXT

U.S.

# Meth Is Top Drug in the West for Overdose Deaths

Fentanyl remains the top drug in overdose deaths nationwide, but methamphetamine is becoming more prevalent

By *Jennifer Calfas*

Oct. 25, 2019 1:29 pm ET

Methamphetamine, or “meth,” the powerful man-made alternative to plant-based stimulants like cocaine and crack, is playing a bigger role in fatal overdoses in the western half of the U.S. than the synthetic opioid fentanyl.

A new report from the Centers for Disease Control and Prevention—marking the first time the agency has broken down regional differences in overdose deaths by specific drugs—shows that meth was the top drug involved in overdose deaths in 19 states west of the Mississippi River in 2017.

TO READ THE FULL STORY



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THE SHOW

## CDC Report: Meth Is More Popular On The West Coast Than Heroin, Fentanyl

By **Lauren Gilger**

Published: Monday, October 28, 2019 - 1:45pm

Updated: Monday, October 28, 2019 - 1:51pm

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# What can we do about it?

Mark Baker

# What can we do about it?

The NEW ENGLAND JOURNAL of MEDICINE

ORIGINAL ARTICLE

# Treatment:

## Bupropion and Naltrexone in Methamphetamine Use Disorder

M.H. Trivedi, R. Walker, W. Ling, A. dela Cruz, G. Sharma, T. Carmody, U.E. Ghitza, A. Wahle, M. Kim, K. Shores-Wilson, S. Sparenborg, P. Coffin, J. Schmitz, K. Wiest, G. Bart, S.C. Sonne, S. Wakhlu, A.J. Rush, E.V. Nunes, and S. Shoptaw

ABSTRACT

### BACKGROUND

The use of naltrexone plus bupropion to treat methamphetamine use disorder has not been well studied.

### METHODS

We conducted this multisite, double-blind, two-stage, placebo-controlled trial with the use of a sequential parallel comparison design to evaluate the efficacy and safety of extended-release injectable naltrexone (380 mg every 3 weeks) plus oral extended-release bupropion (450 mg per day) in adults with moderate or severe methamphetamine use disorder. In the first stage of the trial, participants were

The authors' full names, academic degrees, and affiliations are listed in the Appendix. Address reprint requests to Dr. Trivedi at the University of Texas Southwestern Medical Center, 5323 Harry Hines Blvd., Dallas, TX 75390-9119, or at [madhukar.trivedi@utsouthwestern.edu](mailto:madhukar.trivedi@utsouthwestern.edu).

N Engl J Med 2021;384:140-53.

DOI: 10.1056/NEJMoa2020214

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# What can we do about it?

Adverse events with naltrexone–bupropion included gastrointestinal disorders, tremor, malaise, hyperhidrosis, and anorexia. Serious adverse events occurred in 8 of 223 participants (3.6%) who received naltrexone–bupropion during the trial.

The NEW ENGLAND JOURNAL of MEDICINE

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# What can we do about it?

The weighted average response across the two stages was 13.6% with naltrexone–bupropion and 2.5% with placebo

... response over a period of 12 weeks ...

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# Here is the problem: “nine months to get over the craving and depression”

61% of the sample relapsed to MA use within 1 year after treatment discharge and 25% during years 2-5.

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4550209/>

# What can we do about it?

Prevention: ask and warn  
your patients





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# Methamphetamine



## **Know the Risks of Meth**

Methamphetamine (meth) is a powerful, highly addictive drug that causes devastating health effects, and sometimes death, even on the first try.

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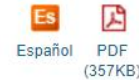
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# Methamphetamine



## DrugFacts

Revised May 2019



### What is methamphetamine?

Cite this article

#### More DrugFacts

- Health Effects of Specific Drugs
- Effects of Drug Use
- Prevention and Treatment
- Survey Data

Methamphetamine is a powerful, highly addictive stimulant that affects the central nervous system. Crystal methamphetamine is a form of the drug that looks like glass fragments or shiny, bluish-white rocks. It is



Photo by DEA

Crystal methamphetamine

#### Additional Drug Facts







The Mission of ENDMETH is to reduce meth use with:

**Community  
Awareness,  
Education and  
Prevention**

It will take all of us to do this.



**HAWAI'I'S  
NEW ICE AGE**  
CRYSTAL METH IN THE ISLANDS

HONOLULU  
**CIVIL BEAT**

  
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Published on March 8, 2018

There are many risks involved when using heroin and methamphetamine together, as both are potent drugs. The combination can cause toxic, counteractive effects and potentially death. Abusing these powerful drugs can affect one's health, social life, increase risky behaviors and damage or end relationships.

Home > Blog > Mixing Heroin And Meth



Effects Of Meth  
Effects Of Heroin

### More on Drug Abuse And Addiction

Related Content

[5 Signs Your Loved One Is Addicted To Heroin](#)

[7 Signs Of Opioid Abuse And Addiction](#)

### Questions About Treatment?

We offer 100% confidential substance abuse assessment and treatment placement tailored to your individual needs.

Name

# Crystal Meth Anonymous®



## What Is Crystal Meth Anonymous?

Crystal Meth Anonymous is a fellowship of people who share their experience, strength and hope with each other, so they may solve their common problem and help others to recover from addiction to crystal meth. The only requirement for membership is a desire to stop using. There are no dues or fees for CMA membership; we are self-supporting through our own contributions. CMA is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy; and neither endorses nor opposes any causes. Our primary purpose is to lead a sober life and to carry the message of recovery to the crystal meth addict who still suffers.\*

*\*Adapted with permission of the Grapevine of Alcoholics Anonymous.*

Read more: [What Is Crystal Meth Anonymous?](#)

## Voices of the Fellowship



24/7 crisis helpline O‘ahu 1-808-832-3100 | toll-free 1-800-753-6879



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## A free mental health and substance use call center

24/7 local representatives

We support adults and adolescents through crisis, treatment and recovery  
Call O‘ahu 1-808-832-3100 | toll-free 1-800-753-6879

*If you're in an emergency or if you fear you are in danger, please call 911 — or go to the nearest emergency room immediately for assistance.*

CALL US NOW

## HOW WE HELP

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Mark Baker  
endmeth@gmail.com

# Questions



# Thank you!

- A recording of the meeting will be available afterwards.
- Unanswered question?
  - Contact us at [info@hawaiihealthpartners.org](mailto:info@hawaiihealthpartners.org)

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